## School Trips | 2024 **KILLARY** ADVENTURECO

## OUTDOOR ADVENTURE FOR SECONDARY SCHOOLS

CREATING ADVENTURES SINCE 1981

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SECONDARY SCHOOLS AT KILLARY | LIVE THE ADVENTURE



A multi-activity trip for young people is about **personal learning** and **creating healthy habits** for life.

We provide the environment for them to find the courage to climb, jump, trust each other, take a step into the unknown. To push their boundaries, strengthen friendships and grow.

We want to build on the benefits of the outdoors to the mental and physical health of teenagers. Give them the freedom to mature, to be more than they are inside the classroom. They'll leave Killary with memories of a lifetime, from a trip that made a difference to their self-esteem, motivation and engagement.



The staff are amazing!! There are no words... Students had a great time. The weather was so wet - but it added to the whole experience!

- Sacred Heart Westport -

### MORE THAN JUST A SCHOOL TRIP...

For students, Killary is about meeting challenges head-on, working as a team, having fun, increasing confidence. It's a chance to learn that they can.

We offer the highest standards of safety, over 42 years experience, hugely popular activities and the opportunity to bring your students not just on a school trip..... but on a journey of discovery.

This is not an exaggeration, #1 outdoor education centre in the world - world class location complemented by incredibly high standards in food, accomodation, quality of instructors and genuine interest in students. Sad to leave!

- Mt Anville Secondary School -





At Killary, peace of mind comes standard with our 24-hour supervision and comprehensive CCTV coverage throughout the accommodation base. Teachers and group leaders have the flexibility to engage as much or as little as they prefer. Join in on the fun with your students, or take a moment to unwind, soaking in the spectacular scenery and making the most of our cozy facilities.

#### We ensure that:

- All Instructors are Garda-vetted
- All Instructors are Child Protection trained/certified
- All Instructors are qualified in Remote Emergency Care
- All Instructors are certified by National Governing Bodies of each outdoor adventure sport and are in-house trained
- Strict safety procedures are in place as per National Governing Bodies and equipment suppliers, regarding ratios and operating standard
- Risk assessments are available for all activities







## **OUR ADVENTURE ACTIVITIES**

We offer a diverse selection of on-site land and water activities, ensuring there's always something new to experience. We continuously update and expand our activity lineup each year, giving you plenty of reasons to return and discover more!



### LAND BASED ACTIVITIES

Giant Swing - Climbing Tower - Burma Bridge Skyfall - Abseiling - High Ropes Course - Archery Electronic Orienteering - Bushcraft - Archery Combat Killary Challenge - **New** Aerial Park



### WATER BASED ACTIVITIES

Kayaking - Giant Stand Up Paddle Boards - Cliff Jump Thor Jump Zone (seasonal) - Turf Challenge Gorge Walking - Raft Building - Katakanu's

This is our 4th trip to Killary. A fantastic experience as always. Porfessional & courteous staff, engaging activities and beautiful scenery. Highly recommend for TY groups!

- St Kilian's Bray -



## **TEACHERS AT KILLARY**

Teacher accommodation at Killary includes our brand new, cozy king or twin en-suite rooms, each equipped with full facilities and a dedicated desk area. All rooms boast stunning views over the picturesque Killary Fjord, ensuring a serene and scenic stay perfect for both relaxation and productivity.

### DEDICATED TEACHERS LOUNGE ROOM AVAILABLE WITH:

- Room refurbished in 2021
- A warming wood stove & comfy seating
- Nespresso coffee machine & our famous homemade flapiacks
- All-day wi-fi access, dedicated work station
- The best view in the whole building! ٠

### FREE TEACHER PLACES ARE PART OF EVERY PACKAGE

Included complimentary for all teachers are:

- Bike rental and use of our Scandinavian Sauna •
- Cruise on the Connemara Lady •
- Visit to the local village in the evenings to sample the atmosphere
- Visit Kylemore Abbey and the Victorian walled garden
- **G** Our students are so well taken care of. They are safe, entertained, and well fed. Teachers and students really enjoyed every minute of it. Thank you. Nothing was a problem, can't recommend enough "

- Ard Scoil Chiarain -









## **STUDENTS AT KILLARY**

Our purpose built centre incorporates environmental initiatives and is the perfect setting for group residential stays. Our communal areas underwent a refurbishment in 2021, 13 bedrooms & bathrooms in 2022 with remaining 10 to be completed for March 2023.

### **REFURBISHED STUDENT ACCOMMODATION**

- 4/6 bedded en-suite dorm rooms
- Bed linen and duvets included
- Under-floor heating throughout
- Upgraded chillout pool table room

### OTHER FACILITIES AT KILLARY ADVENTURE CENTRE INCLUDE:

- Large geodesic dome for evening games
- Spacious dining room
- Sun room lounge area
- Wi-fi access
- Drying room for outdoor gear
- Extra showers and changing rooms
- Tuck shop
- Mobile Phone policy managed by our staff
- All our meals are home cooked and include a selection of fresh salads

## **FOOD AT KILLARY**

You and your students will enjoy enjoy delicious, **home-cooked meals**, freshly prepared and nutritionally balanced. Every meal is served in our spacious dining room. We offer vegetarian and vegan options and cater to all special diets and allergies.

### SAMPLE MENU

**Breakfast:** Cereal, toast, fruit, scrambled egg or beans, juice, tea & coffee.

**Lunch:** Homemade soup, fresh rolls, sandwiches (chicken, tuna, salad, cheese), fruit, homemade flapjacks.

**Dinner:** Simple homemade favourites such as lasagne, selection of housemade pies or traditional Irish lamb stew. Fresh salads changing daily. Home baked deserts & treats for afters.

**Dessert:** Selection of housemade cakes & tarts **Supper:** Tea & biscuits

## GAISCE AWARD PROVIDER

Killary Adventure is a **recognised Gaisce teaching establishment** which can facilitate the Adventure Journey walking section of the award for your group.

• **Bronze Award**: 25-30km walking. This walk can usually be achieved in 1.5 days

• **Silver Award**: 50-79km walking. This walk can usually be achieved in 2 days

Our Gaisce Co-ordinator, will be happy to advise you in advance on preparation and requirements. Contact us on tel: **095 43411** or email: **adventure@killary.com** 







## TRANSITION YEAR TRIP AIM HIGHER, ACHIEVE MORE

The TY programme is designed to motivate, build confidence and encourage personal and social development.

### SHARED ADVENTURE EXPERIENCES

It is also about making memories with friends. Our programmes promote team work, cooperation, communication, leadership and of course fun!

### GET ACTIVE

Our programmes offer lots of chances to get very, very wet. There are adrenalin rushes, boggy challenges, exercises requiring teamwork, thought and focus.

### **EVENING PROGRAMME**

Our new Evening Programme can include a Céilí, drumming workshops, marshal arts workshops and more. The programme will be dependent on the length of stay.

Our geodesic dome provides the perfect space for our evening programme no matter what the weather.

### This itinerary below shows a typical 24hr stay at Killary

DAY 1 ARRIVAL	
1.00PM	Arrival and check in
2.00PM - 5.00PM	Activities: Kayaking & Gorge Walking
6.00PM	Dinner
7.30PM - 10.30PM	Evening Games
11.00PM	Bedtime
DAY 2 DEPARTURE	
8.30AM - 9.30AM	Breakfast
10.00AM - 1.00PM	Activities: Killary Ropes Challenge
	& Giant Swing
1.00PM - 2.00PM	Lunch and departure



## **AUTUMN RATES 2024**

A quote for any length of stay can be provided by our bookings team. Contact us to discuss your groups' needs.

### **Residential Rates Per Student**

Duration	24hr	2 Days & 2 Nights
Sep - Nov	€119	€228

A 24hr package includes the following;

- B & B in en-suite dorm rooms
- 24hr supervision
- Dinner main course & dessert
- Lunch
- Full day of activities

(10am to 1pm & 2pm to 5pm - can include up to 4 activities)

- Evening Games Programme
- 1 Free Teacher/Leader with every 25 students (Max of 4)

### **Daily Rates Per Student**

Duration	Full Day	Half Day
Mar - Nov	€70	€43

**Our full day programmes** run from 10am to 5pm and can include up to 4 activities.

**Our half day programmes** run from 10am to 1pm or 2pm to 5pm and can include up to 2 activities.

Bring your own packed lunch or lunch can be booked for €11.00pp.

### Contact us and book your school trip:

Contact the bookings office to discuss how your group can be accommodated at Killary and we will look after you every step of the way. Please have the following information to hand so we can make the process as efficient as possible:

- 1: Number of students and leaders likely to be in your group
- 2: How long you would like to stay for
- 3: Possible dates that you would prefer

### Tel: 095 43411 Email: adventure@killary.com

We absolutely loved our time here at Killary. The scenery, setting and accommodation was amazing and the students loved the food, the activities and made memories to last a life time. Thank you!

- De La Salle College -



## SECONDARY SCHOOLS

For more details on what we offer visit our website.



# KILLARY Green

Certified B corporation

This company meets high standards of social and environmental impact.

At Killary Adventure Co. we care for Connemara. Our aim is not only to be carbon neutral but to enhance our area for generations to come

- Our heating & hot water: Provided by a Biomass (wood fuelled) boiler. Our wood is sourced from our local forest less than 5km away.
- Our electricity: We have onsite a 6Kw Wind Turbine and a new solar farm installed in 2023. These produces part of the electricity used within the centre.
- Our food waste: 100% of our food waste is composted in an on site Ridan Compost machine.
- 4. Our electric vehicles: We use an electric buggy when moving between our accommodation and activity sites.
- 5. Our general waste: We have an on site recycling centre for bottles & cans. All rubbish is separated into general and recycling. Paper and cardboard is disposed of separately.

Everyone visiting Killary is encouraged to follow our green philosophy, sort their rubbish, take home their belongings and reuse or recycle where possible.

KILLARY ADVENTURE CO. LEENANE, CO. GALWAY. TEL: 095 43411 EMAIL: adventure@killary.com

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