

Coronavirus
COVID-19



KILLARY ADVENTURE CO. PROCEDURES & GUIDELINES

With all of our policies below we are adhering to guidelines and best practices as they become available. While we are doing all we can there is an understanding here that all guests, young and old, do their bit to adhere to social distancing. We cannot guarantee that children will adhere to it or that we will be able to enforce it at all times. If you or your child has an underlying health condition or are vulnerable to the effects of Covid then we recommend that you do not come to Killary.

Killary new Covid policies:

- All staff will receive Covid 19 training before guests arrive on site and this will be constantly updated as new guidelines become available. This will be as regards personal Covid safety and the safety of all guests and guests for this year.
- All activities will be set up to minimise contact between staff and groups, any interactions will be minimal and our staff will have face masks which they will put on before coming within the 2/1 m social distance. There is a joint understanding that everyone has to do their part to help abide by these procedures. Activity groups will be in a max of 10 per instructor
- All sessions will be pre booked with no availability for walk in and all payments must be made on line or over the phone. Cash will be accepted in an envelope only or a bag where we can put it somewhere isolated for 24 hours.
- Cleaning and hygiene procedures have been updated and every high traffic area will be cleaned a minimum of twice a day and regular disinfection of equipment after sessions. We are also updating our First Aid procedures to adhere to HSE guidelines here . We also have a Covid action plan in place should a suspected case happen
- All guests will be emailed a digital copy of our Covid policies along with any other information required for your activity booking.
- We have four changing rooms if there are less than four groups on the water then we will use individual ones for groups and if their are more than 4 groups we will share changing rooms. We have over 100 wetsuits in stock and will be rotating the stock so each suit is used once a day and also disinfected.
- We have a disinfecting fogger machine which is used on all activities equipment after every session.
- All customers will be required to wash their hands on arrival and at various times during the sessions to ensure good hygiene safety.
- We reserve the right to have temperature checks on arrival to ensure that no one has a high temperature. If you are feeling at all unwell or have been in contact with anyone who has Covid 19 in the last 14 day then we please ask you to refrain from coming to Killary.

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- We will be adhering to the latest Failte Ireland and IAAT guidelines as per this working document.
- Each summer camp activity group will be limited to 10 per group and these will be maintained the whole way through your stay in Killary. This is in line with government guidance that outdoor groups be of 15 or less.

Do not visit :

- If you currently have Covid-19 or are displaying symptoms of Covid-19 in the last 14 days
- If you live in the same household or have been in close contact with someone who has displayed symptoms of Covid 19 in the last 14 days
- If you have been advised to self-isolate at this time
- If you have traveled abroad in the last 14 days - (dependent on government travel advice with regards to self isolation) We have been following developments and guidelines from all over the world and if you are traveling in we request that you show us a copy of your vaccination and negative PCR test prior to arrival.

Shane Young the General Manager sits on the board of the Irish Association of Adventure Tourism who wrote the return to activities guidelines in partnership with Failte Ireland and the HSE. We have a broad overreaching policy backed up with international research of best practice.

Procedures & Guidelines:

Guest Groups

- Overall the groups will be in mixed groups or family units or summer camp 'pods'.
- We are mixing family groups together as per government guidance which allows groups of less than 15 and up to 3 households.
- We will be limiting our groups to 10 people max.
- Guests will have to pay over the phone using Credit cards apart from exceptional circumstances to reduce interaction between people.
- Hand washing stations will be provided at each activity other high traffic areas.

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Killary Instructing Staff

- All staff will be temperature checked on arrival each day.
- All staff have been provided with extra items in their first aid kits which will include extra gloves, goggles, disinfectant etc. in case of an incident where they have to perform First Aid.
- All staff will also have been trained in best practice in line with the updated Covid 19 policies for instructing.
- Staff are instructed not to shake hands with any guests and to maintain distance at all times unless they need to approach guests for a safety issue.
- If they do have to approach a guest then they must put on Face mask and then wash hands immediately after sorting the problem.
- If staff have to approach guests then the guests and staff must face opposite directions to perform task for as short a period as possible.

Arrival in for activities:

- All guests will be directed to check in at our activity site where you will meet your instructor in an outdoor setting.
- You will have already filled in your online disclaimer and you will be temperature checked on arrival.
- You will then be directed to wait for your instructor to collect you,
- There is a plenty of parking at the activity site and toilets are available for use by guests there.
- You will meet your instructor directly there and commence your activity.
- For family groups or pods you will be allocated a changing area if needed or you will have access to a locker.

All guests will be requested to wash hands prior to starting sessions and then also at various times throughout the session.

Please maintain social distancing while in the car park and in activity reception.

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Specific actions for activities:

These are designed to keep our staff and guests as safe as possible.

Orienteering/ Hillwalking/ Cycling

- Clean all dibber, maps, and bikes with disinfectant prior to handing to guests.
- All Maps are laminated so they are disinfected after every use also.
- Other than this there is no contact needed and all verbal briefs can be done at a distance
- Bikes will be left 24 hours or disinfected if required to be used prior to this

Kayaking / Sup / Gorge Walking/ Ringo Rides/ Water Skiing/ Knee Boarding/ Wakeboarding / Speed Boat Tours/ Canoeing/

- We have 21 single and 30 double sit on top kayaks, we also have 14 sea Kayaks
- All kayaks/ SUP to be disinfected between use.
- All tow-able equipment for boats to be disinfected between uses.
- Hand washing stations available on water site and on power boats during transfers or trips.
- All paddles to be washed in disinfectant after every session
- No waterproof jackets provided due to limited availability
- Wetsuits/ Helmets & BA's to be disinfected in tank after every use and used in rotation

<https://www.canoe.ie/wp-content/uploads/2021/05/Return-to-Paddling-Guidelines.-Update-10th-May.pdf>

Climbing Activities E.g. High Ropes/ Climbing/ Giant Swing/ Sky Fall/ Crate Stack/ Burma Bridge

- Guests to put on all harnesses and helmets by themselves with visual inspection.
- If staff member must approach guest then guest turns head one way and the staff member turns the other way then moves in and adjusts the harness as required. The instructor must wear mask while doing this

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- Ropes and harnesses to be used and cleaned as per manufacturer's recommendations.
- Guests to lower on belay with instructor tailing rope
- Guests/ Instructor to use disinfectant after every change over to wash hands. Note between groups isolating together this is not a requirement only if changing between two socially different groups.

<https://www.mountaineering.ie/covid19>

Archery/ Clay Pigeon Shooting

- All groups to be units that can exchange items, such as bow and arrow and guns, between them. Gun will then be cleaned and disinfected prior to each new group arriving on session.
- If they are a mixed group then they will all have to continually clean their hands with hand sanitizer.
- Upon completion of session every item must be disinfected
- This list includes but is not exhaustive
 - Bows
 - Arrows
 - Guns
 - Ear muffs
 - Old shells
 - Targets

Changing facilities

- Spray with disinfectant after every use and provide hand sanitiser at entrance and exit.
- Guests are advised to come ready to go as much as possible and if they have their own wetsuit then they are encouraged to use it.
- Toilet block and shower to be sprayed with disinfectant after every use.
- Groups must socially distance in changing facilities.
- Guests must clean hands both prior to entering changing rooms and on exiting.

Accommodation

For Accommodation we will be following the recommendations from Failte Ireland and the IHF here and using these to create a safe environment.

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What this means in reality:

- That we will be reducing the number of people we have in all our bedrooms by 50% unless you come as a family/ isolation group. We will have max 6 in a room if requested by a group.
- Each room will have an assigned table for Breakfast/ Lunch and Dinner for the duration of their stay.
- We have a 180 acre site here and the children will be out on activities all day. In the evenings there will be a modified activity program which will again have the children outside as much as possible to give them space.
- Rooms will be cleaned twice a day as per guidelines.
- All high traffic areas will be cleaned twice a day minimum and areas such as toilets etc more often.
- Food will be served from behind the counter and there will be no buffet meals
- Guests are encouraged to bring their own reusable water bottles for use during the day as these can easily be filled from any of the taps in the centre.
- We recommend that all guests wear masks when indoors.
- Our staff will wear masks for close interactions with guests in the outdoors

NB: This is a working document and subject to constant review and change as more information becomes available.

Updated: 14th May 2021

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